



Dear Parent or Guardian:

We would like to take this opportunity to encourage non-participating students who are paid or may qualify for a free or reduced-price school meal, to take advantage of the North Palos SD healthy food service program.

We have missed your child in the **breakfast and lunch line!**

Reminder: If your child is currently eligible for a free or reduced breakfast and lunch daily, he/she may not be taking advantage of the meal options that are available.

School breakfast and lunch are balanced, nutritious and delicious meals that are available every full school day. Every meal is planned with your child's taste preferences and good health in mind. Plus, it can reduce your grocery costs, and alleviate the stress of the lunch making process.

We invite you to encourage your child to take advantage of the program! Students are offered a variety of choices daily. [Menus](#) are posted online.

Our goal is to make breakfast and lunch the best part of the school day for all students, and we welcome your comments and suggestions to accomplish this.

We hope to see your child soon!

Sincerely,

Pam Boyd  
Food Service Manager  
Arbor Management

