

PALOS STARS FOOTBALL & CHEERLEADING

It's that time of the year again, to register for the **2019 PALOS STARS JUNIOR FOOTBALL & CHEERLEADING PROGRAM**. Boys ages 6 thru 14 and girls ages 7 thru 14 years old may sign up to be a member of the Finest Football Program in the Southwest Suburbs for 47 years.

HISTORY - The Palos Stars organization is a private, non-profit program founded in 1972 and has provided thousands of our community's boys and girls an opportunity to play organized junior football and cheerleading. We are members of the Southwest Midget Football League and compete against some of the best youth football programs in the state; such as, New Lenox, Joliet, Matteson, Glenwood, Romeoville, Mid-Crest, Dolton, Oak Forest & Crete. Approximately 90% of our players go on to play high school football as our players are heavily scouted by surrounding catholic and public high schools. An impressive 15% of our alumni have gone on to play in college. The Palos Stars have produced 11 players who have professionally played in the NFL, USFL, and WFL: the most notable being Jeff Alm who played for the Houston Oilers, Chad Braache of the New York Giants & Indianapolis Colts, Brandon Williams of the Indianapolis Colts & Carolina Panthers, and Shane Rietow of the New York Jets.

EARLY REGISTRATION INFORMATION

- **LOCATION** – George Cuevas Park: 114th Place & SW Highway, Palos Hills
(Our Home field and practice site)
- **DATES & TIMES** – Saturday, January 26, 2019 – 10:00 am - 2:00 pm
Saturday, February 2, 2019 – 10:00 am - 2:00 pm
- **BOUNDARIES** – Our football and cheerleading program services the following communities: Palos Hills, Palos Heights, Palos Park, Orland Park, Burbank, Chicago Ridge, Oak Lawn, Bridgeview, Alsip, Worth, Justice, Summit, Hickory Hills, Willow Springs and Chicago. If in doubt whether you live in our boundaries, please call.
- **REGISTRATION FEES** – Early registration is \$185. Minimum at registration is \$100 and is non-refundable. The remainder can be paid at equipment pick-up (the last week of July). Starting February 4, 2019 the registration fee will be \$200. So register early!

Registration fee includes: first mouthpiece, (1) pair of game socks, personalized game jersey, insurance, team and individual pictures, awards banquet ticket including award, plus the use of the finest equipment money can buy. Cheerleaders receive spankies, body suit, socks, insurance, pictures, awards banquet and award, plus use of the equipment for cheering. We also require each family to participate in a fundraiser at the beginning of the season along with a 6-hour volunteer work commitment.

- **AGE/WEIGHT RESTRICTIONS** – In addition to qualified, trained coaches, strict age/weight restrictions enable us to help keep the Palos Stars safe for our kids while teaching them the correct fundamentals of football and cheerleading as well as valuable life lessons.

6-7 years old	- Mighty Mites (Play 8 on 8 – 12 Players Per Team)
8-9 years old	- Widgets
10-11 years old	- Pee Wees
12-13 years old	- Jr. Varsity
13-14 years old (not in high school)	- Varsity

CALL FOR MORE INFORMATION ON WEIGHTS

Our program plays a 10 game season, including pre-season and post season games. Usually games are played on Saturdays. The Varsity has an opportunity to travel over Thanksgiving weekend for a National Tournament. Location will be announced at the end of the football season.

FOR FURTHER INFORMATION CALL OUR ATHLETIC DIRECTOR LOU TRENCH AT (708) 371-4074

“Committed to Excellence”

PALOS STARS JUNIOR FOOTBALL ASSOCIATION

www.palosstarsfootball.com

palosstarsfootball@gmail.com