

North Palos SD 117 Elementary Lunch Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey & Cheese Sub Or Cheesy Garlic Flatbread Garden Salad Tri Tater (1) 100% Fruit Juice	2 Yogurt & Muffin Or Walking Tacos w/Scoops Seasoned Corn Tiny Tomatoes Peach Cup	3 Cheese Pizza Or **Macaroni & Cheese Steamed Broccoli Salsa/Black Beans Assorted Fresh Fruit
6	7 Sunbutter & Jelly Cutout Or Turkey Hot Dog Baby Carrots w/Ranch Cucumber Slices Fresh Apple	8 Grilled Cheeseburger Or Crispy Chicken on a Roll Seasoned Green Beans Cherry Tomatoes Assorted Fresh Fruit	9 Crunchy Mini Corn Dog Or **Chicken Nuggets Steamed Cauliflower Baby Carrots w/Ranch Applesauce Cup	10 Pizza Burger Or **Macaroni & Cheese Garden Salad Tri- Tater (1) 100% Fruit Juice
13	14 Crunchy Mini Corn Dog Or **Chicken Nuggets Steamed Cauliflower Tri- Tater (1) Applesauce Cup	15 Crispy Chicken on a Roll Or Turkey Pepperoni Pizza Garden Fresh Salad Cherry Tomatoes Assorted Fresh Fruit	16 Baked Rotini Or Hamburger Seasoned Green Beans Baby Carrots w/Ranch 100% Fruit Juice	17 Stuffed Bread Sticks Or Cheese Pizza Seasoned Green Beans Baby Carrots/Ranch Assorted Fresh Fruit
20	21 Fiesta Nachos Or Turkey Hot Dog Seasoned Black Beans Garden Salsa Applesauce	22 FUNFETTI COOKIE DAY Stuffed Breadsticks Or Cheese Pizza With Seasoned Green Beans Baby Carrots w/Ranch Applesauce Cup	23 Sunbutter & Jelly Cutout Or Turkey Hot Dog Baby Carrots w/Ranch Cucumber Slices Fresh Apple	24 Turkey & Cheese Sub Or Cheesy Garlic Flatbread Garden Salad Tri Tater (1) 100% Fruit Juice
27 NO SCHOOL MEMORIAL DAY	28 Cheese Pizza Or Walking Taco w/Scoops Steamed Broccoli Salsa/Black Beans Assorted Fresh Fruit	29 Yogurt & Muffin Or Walking Tacos w/Scoops Seasoned Corn Tiny Tomatoes Peach Cup	30 Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans Tri Tater (1) Assorted Fresh Fruit	31 **Popcorn Chicken Or Cheesy Hot Dog Garlic Green Beans Baby Carrots/Ranch 100% Fruit Juice

Lunch
\$2.90
Milk is
Included with
Meal

Milk
\$.45
A Variety of
Milk is Offered
Daily

Questions about the menu?
Pam Boyd
708-233-4514

For more information
or to "Ask the Dietitian",
check out our website!




**Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.**

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.