

North Palos SD 117 Glen Oaks Pilot Lunch Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Turkey & Cheese Sub Or Cheesy Garlic Flatbread Garden Salad Tri Tater (1) 100% Fruit Juice	Yogurt & Muffin Or Walking Tacos w/Scoops Seasoned Corn Tiny Tomatoes Peach Cup	Cheese Pizza Or **Macaroni & Cheese Steamed Broccoli Salsa/Black Beans Assorted Fresh Fruit
6	7	8	9	10
Stuffed Bread Sticks Or Cheese Pizza Seasoned Green Beans Baby Carrots/Ranch Assorted Fresh Fruit	Sunbutter & Jelly Cutout Or Turkey Hot Dog Baby Carrots w/Ranch Cucumber Slices Fresh Apple	Grilled Cheeseburger Or Crispy Chicken on a Roll Seasoned Green Beans Cherry Tomatoes Assorted Fresh Fruit	Crunchy Mini Corn Dog Or **Chicken Nuggets Steamed Cauliflower Baby Carrots w/Ranch Applesauce Cup	Pizza Burger Or **Macaroni & Cheese Garden Salad Tri- Tater (1) 100% Fruit Juice
13	14	15	16	17
Walking Taco w/Scoops Or Turkey Hot Dog Refried Beans Garden Salsa 100% Fruit Juice	Crunchy Mini Corn Dog Or **Chicken Nuggets Steamed Cauliflower Tri- Tater (1) Applesauce Cup	Crispy Chicken on a Roll Or Turkey Pepperoni Pizza Garden Fresh Salad Cherry Tomatoes Assorted Fresh Fruit	Baked Rotini Or Hamburger Seasoned Green Beans Baby Carrots w/Ranch 100% Fruit Juice	Stuffed Bread Sticks Or Cheese Pizza Seasoned Green Beans Baby Carrots/Ranch Assorted Fresh Fruit
20	21	22 FUNFETTI COOKIE DAY	23	24
Chicken Nuggets Corn Bread Or Fish Sandwich Seasoned Corn Tiny Tomatoes Applesauce Cup	Fiesta Nachos Or Turkey Hot Dog Seasoned Black Beans Garden Salsa Applesauce	Stuffed Breadsticks Or Cheese Pizza With Seasoned Green Beans Baby Carrots w/Ranch Applesauce Cup	Sunbutter & Jelly Cutout Or Turkey Hot Dog Baby Carrots w/Ranch Cucumber Slices Fresh Apple	Turkey & Cheese Sub Or Cheesy Garlic Flatbread Garden Salad Tri Tater (1) 100% Fruit Juice
27	28	29	30	31
NO SCHOOL MEMORIAL DAY	Cheese Pizza Or Walking Taco w/Scoops Steamed Broccoli Salsa/Black Beans Assorted Fresh Fruit	Yogurt & Muffin Or Walking Tacos w/Scoops Seasoned Corn Tiny Tomatoes Peach Cup	Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans Tri Tater (1) Assorted Fresh Fruit	**Popcorn Chicken Or Cheesy Hot Dog Garlic Green Beans Baby Carrots/Ranch 100% Fruit Juice

Lunch
\$2.90
Milk is
Included with
Meal

Milk \$.45
A Variety of
Milk is Offered
Daily

Questions about the menu?
Pam Boyd
708-233-4514

For more information
or to "Ask the Dietitian",
check out our website!




1st Hot Choice—Yellow
2nd Hot Choice—Blue
Salad—Green
Wrap—Orange

Available Daily:
Green Choice
Crispy Chicken Salad
Orange Choice
Crispy Chicken Ranch Wrap

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.