



Conrady Breakfast

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Blueberry Muffin Applesauce Cup 100% Fruit Juice Or Pancakes	2 Mini Cinnis Peach Cup 100% Fruit Juice	3 Mini Blueberry Waffles Fresh Fruit 100% Fruit Juice Or French Toast
6 Strawberry Pancakes Applesauce Cups 100% Fruit Juice Or Banana Bread Slice	7 Cheerio Strawberry Bar Fresh Fruit 100% Fruit Juice	8 Berry Bread Slice Fresh Fruit 100% Fruit Juice Or French Toast	9 Mini Strawberry Bagels Applesauce Cups 100% Fruit Juice	10 Mini Cinnis Peach Cup 100% Fruit Juice Or Egg and Cheese Muffin
13 Chocolate Chip Muffin Fresh Fruit 100% Fruit Juice Or French Toast	14 Mini Cinnis Peach Cup 100% Fruit Juice	15 Blueberry Muffin Applesauce Cup 100% Fruit Juice Or Pancakes	16 Mini French Toast Raisins 100% Fruit Juice	17 Apple Frudel Fresh Fruit 100% Fruit Juice Or Mini Cinnis
20 Mini Blueberry Waffles Fresh Fruit 100% Fruit Juice Or Pancakes	21 Banana Muffin Fresh Fruit 100% Fruit Juice	22 Banana Bread Slice Fresh Fruit 100% Fruit Juice Or French Toast	23 Chex Mix Strawberry Yogurt Fresh Fruit 100% Fruit Juice	24 Chocolate Chip Muffin String Cheese Fresh Fruit 100% Fruit Juice Or Egg and Cheese Muffin
27 No School	28 Mini Strawberry Bagels Applesauce Cups 100% Fruit Juice	29 Berry Bread Slice Fresh Fruit 100% Fruit Juice Or Egg and Cheese Muffin	30 Coco Puffs Bar Fresh Fruit 100% Fruit Juice	31 Apple Frudel Fresh Fruit 100% Fruit Juice Or Mini Cinnis

Breakfast
(Milk included with meal)
\$1.60

Milk
\$0.45
A variety of Milk is offered daily

Questions about the menu?

Pam Boyd
708-233-4514

For more information or to "Ask the Dietitian", check out our website!



Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
Menu changes are occasionally necessary. Notice will be given when possible.