



SEPT. 2021

Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		9/1 Cheerios Bar Apple Sauce	2 Blueberry Muffin Apple Juice	3 ¾ Cup Baby Carrots String Cheese	<p>All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.</p>  
6 LABOR DAY NO SCHOOL	7 Graham Crackers Raisins	8 Blueberry Muffin Apple Juice	9 ¾ Cup Baby Carrots String Cheese	10 Benefit Bar Applesauce	
13 Strawberry Banana Yogurt Goldfish Crackers	14 Graham Crackers String Cheese	15 Animal Crackers Apple Juice	16 Cheerios Bar Applesauce	17 Crunchy Granola Bar String Cheese	
20 Graham Crackers Raisins	21 Banana Muffin Apple Juice	22 ¾ Cup Baby Carrots String Cheese	23 Benefit Bar Applesauce	24 Goldfish Crackers Apple Juice	
27 Graham Crackers String Cheese	28 Strawberry Banana Yogurt Goldfish Crackers	29 Crunchy Granola Bar Apple Juice	30 ¾ Cup Baby Carrots String Cheese		

North Palos Elementary Schools

EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY

Treat Yourself Right

Eating a variety of fruits and vegetables is part of a balanced diet.



Menus are subject to change without notice.

This institution is an equal opportunity provider.